

# 2. EXPLORE THE POSSIBILITIES

(relates directly to the **Get an Experience 1 and 2** modules of the SEA Award)

## WHAT'S OUT THERE?

Many graduate opportunities are available to students from a range of academic subjects. Whether they stay within their discipline or change field, what is possible for them will be ever changing, as outlined by Arti Kumar in "Personal, Academic and Career Development in Higher Education: SOARing to Success".

*"We live in a world where change is exponential... (preparing students) for a lifetime of uncertainty, change and emergent or self-created opportunity".*

## HOW WILL I DECIDE?

People have different decision making styles; some are very rational, others intuitive or community based while some may "go with the flow". It is useful to ensure that information is current and accurate, options are considered broadly and short term emotions are not allowed to dominate unhelpfully.

### SUGGESTED DISCUSSION POINTS:

- How aware is the student of the options available to them with their degree as a graduate, locally, nationally and internationally?
- What steps can they take to gain an insight into these options and develop their networks?
- How did the student(s) decide to come to Swansea, study their subject?

### SUGGESTED ACTIONS FOR STUDENTS:

### DATE

Explore and join SUSU societies and activities

Visit SEA's Employment Zone to apply for work placements, graduate jobs, part time work [myuni.swansea.ac.uk/employability/jobs-board](http://myuni.swansea.ac.uk/employability/jobs-board)

Investigate volunteering and opportunities with Discovery, the International Development Office and external organisations

Attend an employer led workshop to gain their view point [myuni.swan.ac.uk/employability/workshops-and-talks](http://myuni.swan.ac.uk/employability/workshops-and-talks)

Attend an employability workshop facilitated by the SEA team [myuni.swan.ac.uk/employability/workshops-and-talks](http://myuni.swan.ac.uk/employability/workshops-and-talks)

Learn more about decision making at [myuni.swan.ac.uk/employability/decision-making](http://myuni.swan.ac.uk/employability/decision-making) and assess their decision making style by completing [pebblepad.swan.ac.uk/download.aspx/166928/index\\_flash.htm?allowscript=true](http://pebblepad.swan.ac.uk/download.aspx/166928/index_flash.htm?allowscript=true)

Complete the Get an Experience module(s) of the SEA Award (if the student already has one or two sets 21 hours+ experience)

Assess current 'Mindset' and identify ways to develop it by completing [myuni.swan.ac.uk/employability/mind-set](http://myuni.swan.ac.uk/employability/mind-set)

Follow SEA on social media

Additional actions .....

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